



**SUPPORTING ACTORS AND STAGE
MANAGERS ACROSS THE UK**



I'M NOT ACTING

(PAUSE)

Actors' Trust is here to help

The entertainment industry can be a collaborative, creative and exciting one, but it can, at times, be isolating and insecure. Actors' Trust is here to provide a place of community and support for actors and stage managers through our range of grants and wellbeing services.

Get support

Our support is free and independent



Financial Support



Mental Health &
Wellbeing



Physical &
Vocal Health



Career &
Development



Community &
Relationships



Retirement

Visit: actorstrust.org.uk

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Actors' Trust is supported by our Royal Patron, His Majesty King Charles III

Actors' Trust is the working name of The Actors' Benevolent Fund

